Automatic Cost-Of-Living Adjustments received since 1975

- July 1975 -- 8.0%
- July 1976 -- 6.4%
- July 1977 -- 5.9%
- July 1978 -- 6.5%
- July 1979 -- 9.9%
- July 1980 -- 14.3%
- July 1981 -- 11.2%
- July 1982 -- 7.4%
- January 1984 -- 3.5%
- January 1985 -- 3.5%
- January 1986 -- 3.1%
- January 1987 -- 1.3%
- January 1988 -- 4.2%
- January 1989 -- 4.0%
- January 1990 -- 4.7%
- January 1991 -- 5.4%
- January 1992 -- 3.7%
- January 1993 -- 3.0%
- January 1994 -- 2.6%
- January 1995 -- 2.8%
- January 1996 -- 2.6%
- January 1997 -- 2.9%
- January 1998 -- 2.1%
- January 1999 -- 1.3%
- January 2000 -- 2.5% (1)
- January 2001 -- 3.5%
- January 2002 -- 2.6%
- January 2003 -- 1.4%
- January 2004 -- 2.1%
- January 2005 -- 2.7%
- January 2006 -- 4.1%
- January 2007 -- 3.3%
- January 2008 -- 2.3%

- January 2009 -- 5.8%
- January 2010 -- 0.0%
- January 2011 -- 0.0%
- January 2012 -- 3.6%
- January 2013 -- 1.7%
- January 2014 -- 1.5%
- January 2015 -- 1.7%
- January 2016 -- 0.0%
- January 2017 -- 0.3%
- January 2018 -- 2.0%
- January 2019 -- 2.8%
- January 2020 -- 1.6%
- January 2021 -- 1.3%
- January 2022 -- 5.9%
- January 2023 -- 8.7%
- January 2024 -- 3.2%